

KVS DELHI & NCR
REPORT OF GENERAL BODY MEETINGS – 2023

Meeting Dated 26-03-23

Meeting Dated 23-04-23

Meeting Dated 25-06-23



KALINGA VYSYA SAMAJ – DELHI NCR

A REPORT ON THE FESTIVALS CELEBRATIONS WEB MEETING

Date: 26-03-2023

Time: 6:00 pm

The number of life members as on date was 91. The number of Web Participants in the meet was 22 plus their family members. The full recording of the meet is available at <https://youtu.be/iDZbFAAyKr4>

Since Ugadi was on 22nd March and Ramanavami on 31st March this year, this festivals celebration web meet of the general body was organized on the intervening Sunday, the 26th March. The President formally opened the web meet and listed the agenda for the meet. The meet started with the National Anthem (on key board instrument) by Master Pratyush Patro, son of Shri Ramprasad Patro, Secretary. The President then briefly delivered the welcome address.

This was followed by the announcement by the treasurer that the Samaj now has 91 life members, with Chinnari Rajani Kumar being the newest. He informed that there have also been generous contributions from the following life members (and eligible for 80G benefits) on various occasions during this financial year:

Mr. KGK Patro Rs. 15,000 – and became a Patron Member
Mr. Pralay Kumar Patra Rs. 5,000 – during Kalinga Vysya Vana Bhojanam
Mr. K Sudarshan Patro Rs. 3,000 – Special Contribution
Mr. Rajani Chinnari Rs. 5,000 – and became a life member
Mr. Badri Narayana Subudhi Rs. 3,000 – Special Contribution
Mr. Bhagateswar Patro Rs. 2,000 – Special Contribution
Mr. K Venugopal Rs. 5,000 – Special Contribution

He further informed that apart from a fund of around **Rs. 75,000** in the savings account, we have FDs of about **Rs.5, 50,000/-** as of now.

Dr. GP Rao then made a power point presentation on the festival of Ugadi, especially for the benefit of our young generation who may not be fully aware of the tradition. His presentation included all aspects of when and how it is celebrated. He mentioned that this New Year is named as Sri Sobhakritunama Samvatsaram. Also he talked about the Panchanga Shravanam by inviting the Brahmin Pandit and listening to him speak about the earnings, spendings, business outlook, bouquets and brickbats, crop output, rains and many other aspects specific to the rashi for the year that starts with this Ugadi. This was followed by another talk on the coming Ramanavami by Ms. Kanya Patra, who delved into its history and how it is celebrated in India.

Next came the performances by the KVS family members as a competition. This was in three categories viz.

- Songs, Recitation & Music
- Dances
- Painting, Sketching including Rangoli.

In all, 14 video entries had been received by the cutoff date and time and had been evaluated by a panel of three internal judges comprising the President, Vice President and Dr. GP Rao. All the videos were played out during the meet. The winners were as follows:

	Songs, Recitation & Music	Dances	Painting, Sketching Including Rangoli
1 st Prize	Dr. Sangeeta Subudhi	Ms. Sanchita Patra	Master Piyush
2 nd Prize	--	Master Suraj & Mrs Manisha	Master Suraj
Certificate of Appreciation	Mrs. K Prashanti Mr. Sudeep Konchada Mrs. Disuja Konchada Master Piyush Patro Master Pratyush Patro	Ms Bhavi Patra	Ms Ruchi Patra Master SaiLekh Master SaiCharit

It has been decided to dispatch Amazon gift vouchers of Rs. 2000 and Rs. 1000 to all 1st and 2nd prize holders. Further, all other entries getting "Certificate of Appreciation", will be entitled to Amazon gift vouchers of Rs. 250, as a good will gesture from KVS for making the competition a grand success. All the participants would receive participation certificates on their email/ WhatsApp.

The next part of the function was Karaoke singing by the Secretary Mr. K Ramprasad Patra, to celebrate his birthday. He presented two old Hindi songs which were very much appreciated by all.

Next, came the announcement by the Secretary on the yearly plan for 2023, the details of which is uploaded on Samaj web site. He was requested to also share the yearly plan for 2023 in the Samaj WhatsApp group for the benefit of the members. Another suggestion was to break it into quarter wise schedule and dates be removed to have flexibility.

This was followed by vote of thanks by the Vice President, Dr. Ganesh Prusty, during which he praised the participants in the competition for taking part in the competition and coming forward. On a tip from Shri Ganesh Prusty, every one wished happy birthday to Mr. Ramprasad. Dr. GP Rao mentioned the help rendered by Mrs. Uma Prusty in assisting the judges evaluate the entries for the competition.

Mr. Ashok Subudhi praised the EC body for successfully conducting the on line general body meeting. Dr. GP Rao expressed happiness that Dr. Sanjukta Subudhi had excelled in the field of Science and Technology at the state and national level. He informed that some of the KVS branches had expressed their wishes that Dr. Sangeeta Subudhi and Dr. Sanjukta Subudhi to speak in their meetings. Then the meeting ended in a positive note.

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KALINGA VYSYA SAMAJ – DELHI NCR

A REPORT OF THE WEB MEETING ON ORGAN DONATIONS

Date: 23-04-2023

Time: 5:00 pm

The number of life members as on date was 91. The number of Web Participants in the meet was 30 plus their family members. The full recording of the meet is available at <https://youtu.be/vOwFC2EFgal>

The President formally opened the web meet on Organ Donations. After the welcome address, he listed the agenda for the meet. The meet started with a curtain raiser talk by the President himself, during which he briefly presented a few slides on Organ Donations in India. The talk also included the myths associated with Organ donations and transplantations apart from the legal implications.

He then passed on the mantle to the main speaker, Dr. B Saroj K Prusty, Senior Consultant and HOD Critical Care Medicine, at Virinchi Hospitals, Hyderabad. His talk focused on the process of Organ Donations and how to donate. He explained what brain death is and how it is related to Organ Donation. In his lucid language he was able to captivate the attention of the audience. A session of question answers followed in which the audience fully participated.

This was followed by the announcement by the Secretary who thanked all the participants of the cultural competition during the Ugadi/ Ramanavami web meet held in March. He further informed that the Samaj is contemplating to have a similar talk on Yoga in the next meet.

This was followed by vote of thanks by the Vice President, Dr. Ganesh Prusty. He also extolled everyone to pledge for organ donations as indicated in the talk by Dr. Saroj Prusty. The floor was then opened for informal interactions.

Mr. Manoj Kumar Subudhi from Indian Railways thanked the organisers and Dr. Saroj Prusty for such a nice presentations. On his request, Dr. Saroj Prusty shared his number 9440721690, so that if anyone wanted could he contact him. Mr. J Suresh wanted to know if we could have a similar session on Environment protection.. Mr. Suresh also said there is one Mr. Sudhir Raut, the green man from Chikiti, is a very good speaker on Environmental issues and may please be invited. Dr. Saroj Prusty and Mr. Suresh evinced interest in joining the Samaj. Secretary will get in touch with them in this regard.

Mr. PSN Patro, in Bhubaneswar, Orissa state President for Environment can also be a speaker. The President requested Mr. Suresh to get in touch with Dr. Ganesh Prusty and create an action plan for panel discussion on environment. Dr(Mrs.) Sanjukta Subudhi in the EC body is also herself an active environmental scientist. President replied that we may have a package webinar and include Single Use Plastics as well. Mr. Suresh informed that he would like to suggest including the President's name in the Aryabhatta Foundation which focuses on Environmental issues.

The meeting ended in a positive note.

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KALINGA VYSYA SAMAJ – DELHI NCR

A REPORT OF THE WEB MEETING ON YOGA SESSION

Date: 25-06-2023

Time: 5:00 pm

The number of life members as on date was 91. The number of Web Participants in the meet at its peak was 40 plus their family members. The full recording of the meet is NOT available. However, the later part of approximately 45 minutes can be viewed at <https://youtu.be/8Otos-uQyZ8>

To commemorate the International Yoga Day on 21st June, this webinar was organized by Kalinga Vysya Samaj on the immediate next Sunday. The President formally opened the web meet on Yoga. After the welcome address, he listed the agenda for the meet. After a brief introduction of the main speaker, Mrs. Jammula Lalita, the Yoga Teacher from Yoga Sadhana group from Brahmapur, Odisha, he passed on the mantle to her.

Mrs. Jammula Lalita is a lecturer in women's college and has been practicing yoga over the past 15 years under the guidance of Bhaskar Guru. Every morning from 6 am to 7.30 am she teaches yoga at Kanyaka Parameswari temple in Brahmapur. Her association has been officially registered as Yoga Sadhana. After her schooling at St.Vincent's Convent School, she completed her BA from Govt. Women's College Brahmapur and did her MA in Home Science from Brahmapur University getting a 2nd rank.

In a short duration of about one hour, she presented numerous asanas and explained the communion of body, mind and soul with God, as per Hindu scriptures. She also briefly explained the 12 postures of Surya Namaskar, with pictures. She said that Yoga can be done at any time of the day, provided it is empty stomach. But morning is the best time because by default the stomach would be empty. On a query, she said that the Yoga sessions at Yoga Sadhana would be shortly having 3 sessions in the morning from a different venue. It would be open on online channels as well, on chargeable basis (Rs.1000 for admission and monthly Rs. 300). After the question answer session, Mr. J Suresh showed a video of clip of the present venue at Kanyaka Parameswari Temple. After this, Mrs. Uma Prusty recited a beautiful poem on Yoga and its utility. This had been recited on the International Yoga Day at a different venue.

This was followed by a message from Shri Ashok Boyina, the Treasurer, entreating the general body for donations to the Samaj to take up similar activities and organize social functions of the Samaj. All donations are exempt (@50%) from income tax under section 80G. Then the Joint Secretary, Mr. KGK Patro, informed that the Samaj has been able to conduct these webinars almost every month. In March there was on line Ugadi and Rama Navami celebrations, in April there was the webinar on Organ Donations and on this day, the webinar on Yoga to commemorate International yoga day, has been organised. The next webinar would most likely be on career opportunities for growth in Legal Discipline. The date would be announced in kalinga Vysya WhatsApp group and other channels.

Finally, it was followed by vote of thanks by the Vice President, Dr. Ganesh Prusty. He said that although most of us have been doing yoga every day, it is good that we now had the opportunity of listening to Mrs. Lalita. We are deeply indebted to her. The President then informed that now that the Samaj has become borderless, because of these online meetings, people from places other than Delhi can also join the Samaj.

The meeting ended on a positive note.

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